

Community Outreach

Role: We are looking for passionate and empathetic volunteers to support our community outreach efforts. In this role, you will engage with community groups to raise awareness of us and our counselling services.

When: 5 – 7 Hours a week.

Location: St Albans District – our local area

Reporting to: Volunteer Co-ordinator

Main relationships: Fundraising team, supporters, volunteers, fundraisers, the community, schools, local businesses, sports clubs and other community organisations/associations, CEO.

Casual Events Helper

Role: Help set up and/or support us with local fundraising events

When: Ad hoc hours but generally weekends and evenings. Most events are a couple of hours, but some may be longer.

Location: St Albans District – our local area

Reporting to: Volunteer Co-ordinator

Main relationships: Fundraising team, supporters, volunteers, fundraisers, the community, schools, local businesses, sports clubs and other community organisations/associations, CEO.

Community Fundraiser

Role: To organise community events and raise much needed funds

When: Varied: weekdays, weekends and/or evenings.

Where: St Albans District – our local area

Reporting to: Volunteer Co-ordinator or fundraising team

Main relationships: Fundraising team, supporters, volunteers, fundraisers, the community, schools, local businesses, sports clubs and other community organisations/associations, CEO.

About these volunteer positions

Are you a people person? Do you enjoy meeting new people, supporting others and working as part of a small team to make a real difference?

The demand for our local counselling service has grown exponentially and we need our community to support us. Youth Talk are looking for people to connect, represent and in some cases deliver presentations (community outreach team) to help raise awareness and funds to enable us to support more local young people.

About Youth Talk

Youth Talk is here to make sure young people in the St Albans District get the best possible mental health support. Our vision is that every young person can talk to someone, whatever is worrying them. By providing free, confidential counselling services delivered by qualified counsellors, we make sure everyone from 13-25 in the area can access this, whatever their background or circumstances.

What young people say

"If I had not come to Youth Talk I would have kept going downhill. I wouldn't have been able to cope with any of the events in my life and I NEVER would have gotten/felt better on my own."

Main responsibilities

1. Community Outreach

- Connect with an allocated category of community group, e.g. youth groups, faith organisations, sports clubs etc. to raise awareness of our counselling services.

- Represent the charity at events, workshops, and information sessions linked to the category of community group you are supporting.
- Deliver presentations and engage in discussions about mental health and emotional wellbeing for young people, with these communities.
- Help develop partnerships to expand the reach of our services.
- Distribute informational materials to young people, parents, and group leaders within these organisations outlining the counselling services we provide and how to access them.
- Gather insights and feedback from these organisations to help improve our outreach programme.

2. Casual Events Helper

- Set up on the day
- Liaise with participants (register, marshal, give out information) or speak to members of the public if supporting a Youth Talk stall/event
- Collect donations
- Provide physical and logistical support to organisers

3. Community Fundraiser Volunteer

- Help organize volunteer-led community events to raise money e.g. bake sales, coffee mornings, quiz nights, bingo nights etc.....
- Approach local community organisations and individuals who might be interested in hosting fundraising events in aid of Youth Talk
- Promote the event (e.g., emails, word of mouth, through social media or flyers)
- Research and recruit guests / participants
- Deliver / host the event and thank all guests/ participants
- Oversee donation payments / income.
- Champion Youth Talk

Person specification

No previous experience necessary but you should be a good communicator and enjoy working in a team with new people. Above all you will need enthusiasm and energy.

The benefits to you

- That feel good factor from helping Youth Talk raise awareness and funds to continue to provide free counselling to local young people and knowing you are making a difference to your local community
- Strengthen your CV and career pathway
- Improved wellbeing from getting involved in your local community
- Opportunities to meet new people and make new connections

What you can expect from Youth Talk

- Safety and event briefing and support from the event team
- Additional training as and when necessary
- Regular updates about our work, service provision, campaigns and events
- References and/or attendance certificates

Equality and Diversity

Youth Talk is fully committed to eliminating discrimination and promoting equality and diversity. We actively encourage applications from people of all backgrounds and cultures. We believe that a diverse volunteering community will help us to continue to support our local community.

To volunteer with Youth Talk

You must be a UK resident aged 16 or over to volunteer in these roles. Please complete our volunteer application form <https://app.donorfy.com/form/FHPK3NCDT5/ZFP1J> or email volunteer@youthtalk.org.uk with any questions and further information outlining your relevant skills and experience for this role.